

COLLEGE PLANNING 101 WORKSHOPS

These acclaimed two-hour, public service workshops are held at multiple locations throughout the year. Their goal is to help families understand and successfully manage the college admission, financial aid and scholarship processes, so they are able to find a “good fit” college.

To schedule a workshop for your group, please contact Dr. Bernier.

I. HIGH SCHOOL PREPARATION --- How to Take Charge!

- The Six Steps of College Planning
- Sample Internet Links to College Planning Resources
- College Planning Guide -- Grades 9-12
- College Planning Activities Schedule -- Deadlines, Tests, Workshops, College Nights
- Standardized Tests -- ACT, SAT, PSAT, Michigan Merit Exam
- “ACT with Writing” Test-Prep Workshops -- Dates and Locations
- The Importance of Developing a Student Resume and Stating Your Passions
- Working with Your Guidance Counselor -- Understanding Her/His Roles. How You Can Help.

II. FINDING A GOOD FIT COLLEGE --- How to Take Charge!

- “Leverage” -- How to Recognize and Use It Effectively
- Ten Factors Colleges Look For -- Key Academic and Nonacademic Factors
- Admissions Guidelines for Michigan and Out-of-State Colleges -- GPA/ACT/SAT
- Working with Admissions Representatives -- Their Roles. Suggestions
- The Importance of Well-Planned College Visits
- Education Quality -- Freshman Treatment, Size, Honors and Residential College Programs.
- Application Process -- Deadlines, Personal Statements, Essays, Recommendations
- College Planning Mistakes to Avoid
- Special Admissions Cases -- Performers, Learning Issues, Legacy, Contributions, etc.

III. SCHOLARSHIP SEARCHES AND FINANCIAL AID --- How to Take Charge!

- Understanding the financial aid formula and strategies. How to locate scholarships.

IV. DESIGNING YOUR COLLEGE PLAN --- How to Take Charge!

V. HIGH SCHOOL TO COLLEGE TRANSITION --- How to Take Charge!

Presenter: Frank Bernier, Ph.D.. Over 30 years of experience as a college and medical school director of admissions and financial aid, and as a high school college advisor. Dr. Bernier advises students and their parents at Lansing Catholic High School, as well as families throughout the state.

COLLEGE IS A MATCH TO BE MADE, NOT A PRIZE TO BE WON